

A-List Dance Center

COVID-19 Policies and Procedures

(revised 8/10)

- 1) All staff and students, age 8 and older, must wear a mask into the building. Please note: We do not advise wearing a face cover during intense physical activity. Students will be asked to remove their masks by teacher request. We have hooks inside the classroom to hang your mask on. These hooks will be sanitized after each use.
- 2) All dancers must wait outside for their instructor to greet them. Please do not gather in crowds while waiting. We will be taking temperatures of all staff and students before they enter the building, our cut off line is 100.4.
- 3) If you are sick please stay home.
- 4) Procedure for Jr Stars and Level 1 Combo: We will have you enter and exit through our external classroom door. Kindly wait outside for Miss Andrea to let you in. All blinds in that room will be open so parents can see in. If a dancer needs to use the restroom Miss Andrea will notify the parent for assistance.
- 5) We must limit the number of people in our lobby. Parents we ask that you either:
 - a) drop off/pick up your dancer before/after class
 - b) kindly wait in your car during your dancer's class
- 6) Please have all dancers use the restroom before coming to class. Also have them wash their hands before entering the classroom. They will still be allowed to use the restroom here, we have clearly posted procedures for that. We will also be closely monitoring restroom use to fully sanitize in between.
- 7) Dancers should only bring a small dance bag with shoes and water bottle to class. We still have our water dispenser and disposable cups but this needs to be limited to help with sanitation standards.
- 8) Floor and barre space are clearly marked in order to comply with the recommended 6ft social distancing standards.
- 9) There will be no contact partnering, lifts, close formations, spotting, etc. in any class. All Acro classes will be heavily focused on conditioning and flexibility until further notice.
- 10) If by chance a dancer has time in between classes they will be asked to wait outside, weather permitting, or they can sit, at a safe distance, in the lobby.
- 11) Our daily cleaning schedule has been amplified. We will be wiping down barres, light switches, ipads, cd players, speakers, etc. before each class as well as in between classes. We will limit the use of conditioning equipment; yoga blocks, weights, thera bands, etc.
- 12) **IF YOU OR ANYONE IN YOUR HOUSEHOLD HAS BEEN IN CONTACT WITH SOMEONE WHO HAS TESTED POSITIVE FOR COVID-19 YOU MAY NOT COME TO CLASS!** After you have successfully quarantined for 14 days you must provide proof of a negative test before returning to class.
- 13) **IF YOU OR ANYONE IN YOUR HOUSEHOLD HAS TESTED POSITIVE FOR COVID-19 YOU MAY NOT COME TO CLASS!** After you have successfully quarantined for 14 days you must provide proof of a negative test before returning to class.
- 14) **If we are informed of a confirmed case within the studio we will notify everyone immediately. We will be able to trace exactly when, where and who that student was around. Our procedure will be to temporarily shut down (can still provide classes on ZOOM), have a thorough professional disinfectant cleaning, and have all staff tested before resuming in studio classes. We will communicate during the whole process and reopen again when our space is safe for students.**



COVID-19 WARNING

We have taken enhanced health and safety measures for our students and staff.

You must follow all guidelines and posted instructions while present at A-List Dance Center.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable.

By visiting A-List Dance Center, you voluntarily assume all risks related to exposure to COVID-19.

Help keep each other healthy and safe.